



University NEWS LETTER

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Editorial

Ambition, passion, determination & drive, these are those qualities which set apart the leaders and winners in every aspect of society". As we headed towards the end of academic session in the month of June, holiday vibes were on the mind. But holidays do not mean a time to enjoy, travel or relax, this is a time where you have the opportunity to explore and learn more. Students at SBS University though were on vacations but they were enhancing their skills through various training programs and workshops. Campus Placement Drives for final year students to get their dream jobs was conducted. A plantation drive spreading the message 'Go Green' to society in memory of Founder-Director Late Sardar Gurcharan Singh ji was organized to commemorate his death anniversary. SBS University is striving hard to maintain its mandate to spread knowledge to society. Over many thousands of proud *SBSites* making the global network much stronger than before is the root to success of this organization. So wrapping up this editorial with these lines that "Luck & hard work are the two faces of coin (success), no one knows what comes to you, so the only way to success is to stop waiting for your luck to be with you and keep doing hard work to achieve luck & success."

Wishing you Happy Reading!!
Editorial Board

Photograph of the Month

Sky in Summer



Dr. Nidhi Belwal
Associate Professor
Department of Microbiology

The Training and Placement Cell of Sardar Bhagwan Singh University, Dehradun organized a campus placement drive for GlaxoSmithKline Pharmaceuticals Ltd, Lucknow on Friday 17th June 2022. The campus placement drive was organized for the position of Medical/Pharma Business Associate. Total 50 final year students of B. Pharm and M.Sc. Biotechnology participated in the campus placement drive. The interview panel consisted of Mr. Pritesh Bhatia (Talent Acquisition Manager) and Mrs. Ruma Mukherjee (Administration Manager).

Dr. Nikki Nautiyal (Secretary, Training & Placement Office) welcomed the team members. Mr. Pritesh Bhatia briefed the students about the company profile and the importance of the Medical/Pharma Business Associate position.

The panel was felicitated with a memento by Mr. Zorawar Singh (Manager). Mr. Krishan Rawat (Registrar) and Prof. Mamta F. Singh (Convener, Training and placement office) presented aglaonema saplings as a token of gratitude to the panel members.

After the group discussion and personal interview session, 03 students were selected.

Mr. Mausin Khan, Mr. Vishal Warikoo, and Mr. Sachin Jain were present on the occasion



Internship program at Flex Food Limited, Dehradun for B.Sc. Agriculture Students



School of Agricultural Sciences and Forestry, Sardar Bhagwan Singh University, Dehradun organized an internship program for the final year B.Sc Agriculture students from 08th June to 17th June 2022 at Flex Food Limited, Dehradun.

During the internship, students interacted with Mr. Sumit Negi (Junior Engineer) and Mr. Virendra Singh Lingwan (Supervisor, Air Drying Unit) and learned about the packaging and sorting techniques of Parsley and Basil.

Students were also trained in the canning process of mushrooms under Mr. PramodMatiyani(Manager, Freeze Drying Unit) and Mr. Nakul Sirohi (Supervisor, Freeze Drying Unit). On the final day, students interacted with Mr. Vishnu Tyagi (HR, Flex Food Limited, Dehradun) and shared their overall learning experience during the program.

The program was coordinated by Mr. Anil Panwar (Coordinator, Department of Agriculture Sciences and Forestry), Dr. Deepika Chauhan, and Prof. Mamta. F. Singh.



A Plant Distribution Drive in the fond memory of Late Sardar Gurcharan Singh Ji



To commemorate the 17th Death Anniversary of Founder Director Late Sardar Gurcharan Singh Ji, a Sukhmani Paat and Plantation drive was organized at the premises of Sardar Bhagwan Singh University, Balawala, Dehradun by Chairman Shri. S.P. Singh accompanied with Prof. F C Garg, Mr. Zorawar Singh, Mr. Krishan Rawat, Mr. Sachin Jain, Faculty and Non Teaching Staff on 22nd June, 2022. As per the yester years, continuing with a mission of “Go Green”, a plant distribution drive was planned to distribute more than 1000 saplings of medicinally important plants to nearby areas of Balawala to promote a healthy environment.

Present on the occasion were Dr. Alok Maithani, Dr. Maitri Chaturvedi, Mr. Ankush Sundriyal, Mr. Baldev Prasad Juyal, Mr. Pritpal Singh. The Organizing members were Mr. Soban Singh PRO and Mr. Ankit Pundir



Winning Entries IHEWE - 2021

I Prize Winners

आत्ममंथन

तू कौन है ? तू क्या है ?
 किस बात का तुझे ये अभिमान है ?
 न धरती तेरी, ना ये आकाश है
 नाहिं समंदर, और ना तो ये ब्रम्हांड है
 फिर तुझे गुरुर किस अधिकार का है ?
 ना रोक सकता तू बारिश, ना आंधी या तूफान को
 ना कर सकता तू काबू प्रकृति के किसी छोटे से कण को
 ना तय कर सकता तू धार नदियों की
 ना बस में तेरे की बदले रुख पवन की
 क्या नदियाँ क्या झरने क्या पर्वत या सागर
 ना जीवन - मृत्यु, या ऋतुएं ही काल चक्र की
 कुछ भी तो नहीं तेरे बस की
 फिर किस ताकत का तुझे इतना ये गुमान है ?
 ये धरती ना तेरे अकेले की, ना अकेला तू इस धरती का
 हर जीव इक उपहार है, हर जीव का ये उपहार है
 अभिमान के अंधकार में तू भूल रहा इंसान है
 काबू करने चला तू समय को, जो सबसे बड़ा बलवान है

चल उठ ऐ बंदे, कर आत्ममंथन तू
 टटोल अपने मन को, पूछ कहाँ तेरा ईमान है
 तू क्यों है ? तू कहाँ है ? तू कौन है ? तू क्या है ?
 किस बात का तुझे इतना जो अभिमान है ??

Nidhi Rani
 MPT II year
 Fateh House

A DAY OUT WITHOUT MY PHONE

"Living without a phone in this century is like living without a soul." I realised this last day when I went out with my friends and somehow left my phone at home.

Me and my two best friends were supposed to meet at Pacific Mall at 11. I left at 10 and reached the destination ignoring the high temperature. None of my friends was there. I decided to call them but when I put my hand in my purse, my phone was missing. I searched every single pocket but all went in vain when I realised I left it on the stairs while tying my shoes. I felt like crying. I waited there for who knows how much when Pooja arrived. I couldn't stop my smile and hugged her as tight as I could. I told her about my little situation, and guess what? She mocked me.

Surbhi being Surbhi, arrived one and a half hour late. To be honest this was way better than how much i usually wait for her. After exchanging a few words, we decided to visit a cafe that my cousin had recommended. It was a little out of budget but ordering a coffee and clicking a lot of pictures was obviously worth it. Surbhi asked for the location of the café that i couldn't recall the name of, but, well, the location was on the mobile ,and 'The exceptional me' had left it at home. I could feel the anger boiling in their eyes. They started planning to leave me there and go for a stroll by themselves. Luckily I got an idea and messaged my cousin from my friend's Instagram account and got the location. I showed them the pictures of the cafe and their eyes shimmered in excitement.

After an hour or so, we reached the location. The best thing about the place was, it had cats. And i love cats. My friends ordered whatever these food bloggers order these days, a lemon mojito for me, and started with their photography session. To be honest, i hate clicking pictures ,so i sat down with the cats.

The moment I sat down , a little grey kitten settled itself in my lap. It looked so cute that the only option was to Snapchat. I dugged my Jeans' pocket and for a second my heart skipped a beat when I couldn't feel my phone. Realisation came a bit later. Asking my friends for the camera was never an option, as there is this saying, " Good friends help but best friends mock". So i sat in silence and watched a nearby cat sharpening her claws on a scratch post.

After an hour of my friends' photoshoot, we ate that Italian platter that they had ordered containing a minute amount of pasta, the ' world's possibly smallest pizza' and those wierd cheese balls. Don't even get me started on that mojito which tasted like 20 rupee' jaljeera sold at the side of roads. This was the only time that neither of us wanted to capture the food in a beautiful picture with 17 different filters. And this was also the only time I didn't miss my phone.

It was almost 4. We decided to leave so i carefully picked up the dead asleep kitten from my lap and placed her on a nearby cat bed. The kitten all of a sudden stood up and started running here and there. Ignoring all the awkwardness, I asked my friend for her camera and shot some videos of that little devil. The moment that i dreaded the most, arrived. The waiter handed us our bill. And me being silly, had no cash with me (side effect of digitalization). My friends had to pay the bill by themselves. I bid a goodbye to the cats and we left. Surbhi gave me a lift home but dropped me at a distance of almost 500m as a punishment. After almost 20 minutes i reached home. Tiredly, I pressed the bell and a minute later received a flying shoe that I luckily caught (perks of being a baseball player). My mother screamed

at me for not picking up the phone and i told her about my mistake. She saw the phone lying on the stairs and scolded me for being this careless. Hearing all that yelling, my dog came back from it's deep slumber and started sniffing me. Sadly i had nothing for it due to the lack of money. Dissapointed, it returned to it's kennel and I, to my room.

It sounds a little ridiculous but the moment i entered my room, I cried a lot. Just a forgotten phone made me that dependable on others. We have become so used to our phones that we can't even do minimal tasks in it's absence. It doesn't sound like a big deal but I think one day it will become the reason of our downfall.



Mansi Mamgain
M.Sc. Biotechnology I year
(Fateh house)

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Photography: Photography Club
E-mail : sbpsgpublication@gmail.com/pcws.sbsu2018@gmail.com
(for Editorial Board)

SARDAR BHAGWAN SINGH UNIVERSITY, BALAWALA, DEHRADUN-248161, UTTARAKHAND
TEL: 0135-2686246, **E-mail:** university.sbs@gmail.com, **website:** www.sbsuniversity.edu.in